


The Enrichment Center Adult Day Program

JUNE 2010

MONDAY	WEDNESDAY	FRIDAY
	2 9:30 Meet and Greet 10:00 Art Project of the Month 11:00 Walk to Pilgrim's Mini Mart 11:30 Sit and Be Fit <u>12:00 Lunch in Claremont</u> <u>12:30 Bingo in Claremont</u> 1:45 Music Video 2:15 Spice Up the Day with Humor 3:00 Board Games	4 9:30 Meet and Greet 10:00 Hymn Singing with Pilgrims 11:00 Sit and Be Fit with Pilgrims <u>11:30 Departure to Glendora</u> <u>12:00 Lunch in Glendora</u> 1:15 Back to Center 1:45 Music Video 2:15 This and That; This Was The Year 1959 3:15 Board Games
7 9:30 Meet and Greet 10:15 Music Entertainment with Arthur and Pilgrims 11:00 Sit and Be Fit <u>11:30 Departure to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Center 1:45 Music Video 2:15 Grocery Shopping Game 3:00 Board Games/Table Talk	9 9:30 Meet and Greet 10:00 Flower Project of the Month 11:00 Walk to Pilgrim's Mini Mart 11:30 Sit and Be Fit <u>12:00 Lunch in Claremont</u> <u>12:30 Bingo in Claremont</u> 1:45 Music Video 2:15 Memory Game 3:15 Board Games	11 9:30 Meet and Greet 10:00 Hymn Singing with Pilgrims 11:00 Sit and Be Fit with Pilgrims <u>11:30 Departure to Glendora</u> <u>12:00 Lunch in Glendora</u> 1:15 Back to Center 1:45 Music Video 2:15 Daily Doses of Nostalgia 3:00 Puzzles
14 9:30 Meet and Greet 10:15 Piano Music with Arthur and Pilgrims 11:15 Sit and Be Fit <u>11:45 Departure to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Center 1:45 Music Video 2:15 Jingo 3:00 Board Games/Table Talk	16 9:30 Meet and Greet 10:00 Pet Therapy with Jay and Chilli <u>12:00 Pizza Party with Pilgrims</u> 1:30 Clean Up 1:45 Music Video 2:15 Trivia and Brain Teasers 2:45 Shake Loose the Memory	18 8:30 Early drop off at Metro Link Station Claremont Fieldtrip to visit the Japanese American Museum <u>Father's Day Lunch in LA</u> Back at 3:15 PM at Metro Link Station Claremont Angelika cell phone 415-710-5719
21 9:30 Meet and Greet 10:15 Piano Music with Rufus and Pilgrims 11:15 Sit and Be Fit <u>11:45 Departure to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Center 1:45 Music Video 2:15 History of Father's Day 3:00 Board Games/Table Talk	23 LATE ARRIVAL 10:00 Drop off at AbilityFirst 10:30 Water Exercise at AbilityFirst <u>12:00 Lunch in Claremont</u> <u>12:30 Bingo in Claremont</u> 1:45 Music Video 2:15 Ice Cream Soda & Trivia 2:45 Make Root Beer Floats 3:15 Sit and Chat	25 9:30 Meet and Greet 10:00 Hymn Singing with Pilgrims 11:00 Sit and Be Fit with Pilgrims <u>11:30 Departure to Glendora</u> <u>12:00 Lunch in Glendora</u> 1:15 Back to Center 1:45 Music Video 2:15 What's That Saying? 3:15 Board Games
28 9:30 Meet and Greet 10:15 Piano Music with Juan and Pilgrims 11:15 Sit and Be Fit <u>11:45 Departure to San Dimas</u> <u>12:00 Lunch in San Dimas</u> 1:15 Back to Center 1:45 Music Video 2:15 Shake Out the Truth 3:00 Board Games/Table Talk	30 9:30 Meet and Greet 10:00 Brush Onto Canvas 11:00 Walk to Pilgrim's Mini Mart 11:30 Sit and Be Fit <u>12:00 Lunch in Claremont</u> <u>12:30 Bingo in Claremont</u> 1:45 Music Video <u>2:00 Drum Circle with Vern</u> 3:00 Board Games	For visits and reservations, please call Community Senior Services at 909-621-9900

The Enrichment Center Day Program is provided by the following partners:



COMMUNITY
SENIOR SERVICES
Connecting people, information, resources and communities to enrich the lives of older adults.



www.pilgrimplace.org